

5 ACTIVITIES TO LAUNCH YOUR NEXT MEETING

Adults learn by doing.

Start your next meeting with these proven action activities.

Add energy, focus to accelerate results.

LEADERSHIP REFLECTION AND LEARNING

Ask team members to write reflections on these questions. Then compare.

1. What was the best question I asked today?
2. What did I learn this past week?
3. Where was I courageous?

ALIGNING PRIORITIES

Pose one question. Give people 5 minutes. Share and compare answers.

1. What do you believe are the organization's top priorities?

PRO'S AND CON'S

First describe a key initiative the team is pursuing together.

1. Then ask each person to write for 5 minutes:
Describe the Pro's of this initiative.
Describe the Con's of this initiative.

7-WORD SUMMARY

Share a key action or topic or story.

1. Ask each person to write a summary of their take-away.
Seven words only; not six, not eight!

PICTURE PROMPT

Share a photo from an activity happening in the facility.

1. Ask each person to write a caption.
2. Share and compare captions.